

Recipe Card # 4
Fish Cakes



Friend's Fiji Style® Delights

Ingredients:

2 cans tuna fish 1/2 onion, chopped 1/3 c. bread crumbs 2 eggs
Friend's Fiji Style® Chilli Chutney
Cooking oil to fry

Method

1. Mix all including a tspn of *Friend's Fiji Style® Chilli Chutney* together really well.
 2. Form into thin cakes.
 3. Shallow fry in oil on both sides or can be tossed onto a health grill too.
 4. Serve hot as a snack or you can even use it as a fish patty for your healthy burger.
- (*For those who want the extra zing use Friend's Fiji Style® Chilli Chutney as a dip*)

