

Recipe Card # 3
Pineapple Rice
Continental Style



Friend's Fiji Style® Delights

Ingredients

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1 fresh pineapple – peeled and crushed in the food processor/blender
2 Cups Basmati or fragrant rice (long grain can also be used)
2 and a half cups water
Curry Leaves, Mustard seeds, 2 cloves of garlic, 1 medium onion, Corriander leaves, salt to taste , 1 tbsp oil and *Friend's Fiji Style®* Chilli Chutney

Method

1. Heat oil in a pot
2. Brown chopped onions, garlic, mustard seeds and curry leaves.
3. Add crushed pineapple and sauté it till the liquids dry up.
4. Add *Friend's Fiji Style®* Chilli Chutney (to suit your taste buds).
5. Add salt.
6. Add the washed rice to the pot and heat the mixture through, stirring and mixing the pineapple and rice as it cooks.
7. Add the 2 and a half cups water to the mixture and close the pot.
8. Turn off heat when the rice is cooked.
9. Garnish with coriander leaves/Red chillies.

